



September 2012 Calendar Announcements

All programs are for people affected by cancer and are free of charge.

Look Good Feel Better for Women with Cancer Tuesday, September 4, 1-3 p.m.

LGFB is a hands-on workshop conducted by volunteer cosmetologists. It includes skin care, makeup application and a demonstration on how to use wigs, scarves and hats to help a woman cope with the side effects of cancer treatment. Patients must be undergoing chemotherapy or radiation treatment. This program is a partnership between the American Cancer Society, Personal Care Products Council, and the National Cosmetology Association. RSVP required at 301-493-5002.

Location: Hope Connections for Cancer Support, 5430 Grosvenor Lane, Suite 100, Bethesda, Maryland, 20814. For information contact 301-493-5002 or info@hopeconnectionsforcancer.org.

Ortho-Bionomy & Pain Relief for People with Cancer Friday, September 7, 1:30-3 p.m.

Massage therapist Robert Fears will demonstrate how you can participate in your own recovery from cancer, and through the process begin to rediscover the ability to heal and restore comfort and balance to your body. Ortho-Bionomy is a gentle, non-invasive, system of healing that reminds the body of its natural ability to restore balance. RSVP required at 301-493-5002.

Location: Hope Connections for Cancer Support, 5430 Grosvenor Lane, Suite 100, Bethesda, Maryland, 20814. For information contact 301-493-5002 or info@hopeconnectionsforcancer.org.

Surgical Approaches to Bladder Cancer Thursday, September 20, 6-8 p.m.

Deciding on the best form of treatment for invasive bladder cancer is a complex and individual process. NCI Oncologic Urologist Piyush K. Agarwal, MD will talk about the various options available: nerve-sparing bladder removal, neobladders, replacement bladders made out of intestinal tissue, continent reservoirs, robotic surgery and the issues that determine a surgical decision. RSVP required at 301-493-5002.

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Breast Imaging - The State of the Art
Monday, September 24, 6:30-8 p.m.

The breast imaging toolbox is growing. Come listen to Rebecca Zuurbier, MD discuss additions such as scintimography, vibro-acoustography, thermography, electrical impedance imaging and others that may change the landscape of breast cancer detection. RSVP required at 301-493-5002.

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Participant's Yard Sale
Saturday, September 15, 9a.m.-12p.m.

Bring your friends and family to a yard sale in the Hope Connections parking lot. Pick up some great treasures and benefit Hope Connections at the same time!

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SUPPORT GROUPS

Ongoing, professionally facilitated support groups are the heart of Hope Connections for Cancer Support. In groups, people with cancer and their adult loved ones find support, explore ways of coping with the stress of a cancer diagnosis and treatment and learn how to be active in enhancing their health and well-being. Hope Connections offers weekly groups for people with all types of cancer, weekly groups for caregivers and a weekly bereavement group. Special monthly groups are also offered for young adults with cancer and people with bladder cancer, breast cancer, lung cancer, and ovarian & gynecological cancers. People interested in attending a support group must first attend an orientation session to learn more about the benefits of our groups and the process of joining a group.

Orientation sessions are held every Monday at 11 a.m. and the second and fourth Thursday of each month at 6 p.m. RSVP required at 301-493-5002.

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